## #Between U & Me Ordinary People-Extraordinary Lessons Authored by Aparna Sharma

## Lessons

#Background of the Personalities@ most of them belonged to middle or lower middle class educated families. Two or three belonged to poor families living under trying circumstances. Couple of the Personalities were Convent educated, hostler, meritorious students and belonged to a well to do family. One belonged to a family having spiritual background. To me, opportunity remains the biggest factor for one's personal growth. It is the first gateway to individual growth.

**#Professions** of the Personalities @ their expertise ranged from being a renowned Media tycoon, HR Guru and Author, Educationist, Management trainer, Author and Consultant, Certified Health Coach, Retired IPS officer, Hotel industry, Leadership Assessment and Development, Swami, HR professionals to a Domestic cook and a Hairdresser. As it will be seen later that despite being experts from a wide array of professions, their practices homed on to some **common virtues**. At the same time, most of them stayed afloat by avoiding controversies. There were some who were extremely busy to make ends meet and were totally unaware that they were scripting success stories.

#defining Moments in Life of the Personalities @ as a matter of rule, the ladies looked towards their father for inspiration and the men looked towards their mother. Some moments which changed their lives are as under:-

- O Father a breakaway from traditional customs and a strong head. He had a huge imprint.
- O Role of Teachers. Sanskrit teacher imbibed the spirit of "what went wrong/right" spirit.
- O Slapped by mathematics teacher during early stages, led to loss of interest in the subject.
- O Difficult Childhood.
- Impression of Grandmothers during early stages like guiding a girl "Sher Bano".
- O Challenges of an Early marriage.
- O Work-family life balance maintained well after marriage.
- O Poverty, Scars of marriage to an alcoholic husband, Failed marriage, Loss of a son.
- O Inspired by Mythology, Chanakya and Spirituality. Influenced by Arjun of Mahabharata.
- O Grew up with stories of Partition.
- Overcoming stage fright. Discovered debating Skills in school.
- O Disciple of spiritual Baba.
- O Discovering interest viz in symmetry.