## THE ACCIDENTAL AUTHOR

MEET APARNA SHARMA, WHOSE 3RD BOOK HAS **EXTRAORDINARY STORIES** ABOUT ORDINARY PEOPLE

Samiksha Nigam @dbpostnews

e write to taste life twice, in the moment and in retrospect. So said Anaïs Nin, the French-American novelist, and author Aparna Sharma would agree. Her book, Between U & Me, tells extraordinary stories about ordinary people, and was released at Arera Club, on Sunday, at an event organised by Club Literati

> The book, whose foreword is penned by Padma Bhushan Dr Devi Shetty features 14 people from different walks of life who inspired the author. Interestingly, two people are from the city as she graduated from MLB College. Aparna shared her journey with DR Post

## **NEVER THOUGHT I COULD BE A WRITER**

I have no background in writing, I'm an HR executive; I never thought I could be a writer. Even my family didn't know I was writing; it was a secret. And uptil now I have written three books. I wanted to write about what I observed and experienced, so I began writing secretly. After I finished, I told my husband and he

took the initiative and to get me to publish my book. That's how I became an author, and when I got a great response, it motivated me to write more

## THIS WAS TO BE MY FIRST BOOK

I began writing with this book and took 6 years to complete it. The idea was to tell people that its not just famous people who can be an inspiration. Sometimes, the biggest inspiration comes from ordinary people. My experiences with common people have been fantastic and they've been a great inspiration.

## **CHALLENGE WAS FINDING** TIME TO WRITE

My profession demands that I travel a lot. So I had to find time to write. A major part of my book was written while I was travelling. It's a myth that authors need a peaceful place to write. I think it's about mindset and dedication.













